

COVID-19



Guidelines for Staff:

Residents Returning from Same Day Off-Site Activity

Risk of Exposure	Activity Off-Site	Safety Precautions
Low	<ul style="list-style-type: none">• Infrequent or selective outings• Consistently maintained two(2) meters of distance from others• Medical Mask worn during outings• Consistent hand hygiene• Private vehicle used• All guidelines followed from the <i>Expectations of residents and family / support people during day or overnight passes</i> handout	<ul style="list-style-type: none">• Twice daily self-assessment of symptoms for 14 days after returning
Medium	<ul style="list-style-type: none">• There will be many variations that arise between the extremes of high and low risk of exposure• Residents, Family /Support People and Care Teams are encouraged to use their best judgement to determine the risk of exposure	<ul style="list-style-type: none">• Twice daily self-assessment of symptoms for 14 days after returning• Continuous use of mask while out of room for 14 days after returning
High	<ul style="list-style-type: none">• Did not maintain physical distancing and did not wear a medical mask• Attended/participated in large gatherings with 30 or more people, known or unknown to resident• Infrequent or inconsistent hand hygiene• Use of public transit or carpooling where distancing is not consistently maintained and masking is not consistently used• Did not follow the <i>Expectations of residents and family / support people during day or overnight passes</i> guidelines	<ul style="list-style-type: none">• Twice daily self-assessment of symptoms for 14 days after returning• 14 day contact and droplet plus isolation after returning

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Residents Returning from Off-Site Overnight Stay

Risk Level	Activity Off-Site	Safety Precautions
Low	<ul style="list-style-type: none">Household with persons who have low risk of unknown exposureFollowed the Government of Saskatchewan's current extended household guidelinesConsistently maintained two(2) meters of distance from others, including extended household members, and wore a medical mask if unable to maintain 2 meters distanceAll guidelines followed from the <i>Expectations of residents and family / support people during day or overnight passes</i> handout	<ul style="list-style-type: none">Twice daily self-assessment of symptoms for 14 days after returning
Medium	<ul style="list-style-type: none">Household with person who have medium risk of unknown exposureFollowed the Government of Saskatchewan's current extended household guidelinesDid not consistently maintain two (2) meters of distance from members of extended household group and did not wear a medical maskAll guidelines followed from the <i>Expectations of residents and family / support people during day or overnight passes</i> handout	<ul style="list-style-type: none">Twice daily self-assessment of symptoms for 14 days after returningContinuous use of mask while out of room for 14 days after returning
High	<ul style="list-style-type: none">Overnight stays of 48 hours or moreHousehold with person who have high risk of unknown exposureStay included participation and/or attendance of large gatherings in public spaces or private events with 30 or more people, known or not known to residentDid not follow the current Government of Saskatchewan's extended household guidelines<i>Expectations of residents and family / support people during day or overnight passes</i> guidelines not followed	<ul style="list-style-type: none">Twice daily self-assessment of symptoms for 14 days after returning14 day contact and droplet plus isolation after returning

*note overnight stays of 48 hours or more will require 14 days of isolation regardless of swab result

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Guide for Risk of Unknown Exposure

Low Risk	Medium Risk	High Risk
<p>To be considered at low risk of unknown exposure, all the following conditions must be met:</p> <ul style="list-style-type: none">• Lives and visited an area of low COVID-19 exposure (refer to <i>Communities and Health Facilities of Concern for COVID-19</i>)• Part of a small extended household group (15 or less) who consistently practice physical distancing and use medical mask when distancing cannot be maintained• Uses private vehicle (not public transit)• Consistently maintains 2 meters of distance from those outside household in all activities• Medical mask worn when physical distancing cannot be maintained• Consistent hand hygiene	<p>There will be many variations that arise between the extremes of high and low risk of unknown exposure.</p> <p>Individuals must use their best judgement to determine risk of unknown exposure where neither low nor high is appropriate.</p>	<p>To be considered at high risk of unknown exposure, any one of more of the following may be met:</p> <ul style="list-style-type: none">• Lives in and visited an area of high COVID-19 exposure (refer to <i>Communities and Health Facilities of Concern for COVID-19</i>)• Visited a location with a declared COVID-19 outbreak in the last 14 days• Part of a large extended household group (more than 15)• Extended household group inconsistently practices physical distancing and use of medical masks when distance cannot be maintained• Outings where contact with others outside household is likely and medical mask not used• Use of public transit or carpooling where distancing is not consistently maintained and medical mask is not consistently used• Does not maintain physical distancing and does not wear a medical mask• Infrequent or inconsistent hand hygiene